

TRANQUILITY ROOM TREATMENTS

TRANQUILITY BLISS

This package begins with our most popular essential oils: tea tree, lavender and clary. Includes a sage soak, followed by a sea salt scrub to your feet, lower legs and a hand and arm massage. A neck, shoulder and scalp massage concludes this treatment all while enjoying one of our hot herbal teas or flavored water.

60 minutes \$75

CHILL OUT

Peppermint and lavender essential oils start your relaxing foot soak salt scrub adventure. A massage to your feet, lower legs, arms and hands will end this soothing treatment. Enjoying one of our hot herbal teas or flavored water will be added to this experience.

30 minutes \$55

FOOT SOAKS

Our foot soaks are brought to you by our therapist in a large basin tub filled with relaxing essential oils and detoxifying Epsom salts. Choices of essential oils includes antimicrobial tea tree and peppermint, wintergreen and rosemary for weary feet, or grapefruit and rosemary foot refresher, all while enjoying our hot herbal tea or flavored water.

30 minutes \$35

Please arrive 15 minutes prior to your appointment.

A 24-hour cancellation notice is required for all appointments.

Gift Certificates are available, and are nonrefundable.

For insurance reasons, we do not allow children.

Monday - Saturday 10AM - 7PM Sunday CLOSED

460 Medical Park Drive, Suite 108B
Lenoir City, TN 37772

www.tranquilityspa-wellness.com
(865) 816 - 6299



"A happy life consists in tranquility of mind."
- Marcus Tullius Cicero

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ESTHETICIAN TREATMENTS

MICRODERMABRASIAN

Removes dead and dull skin, fades scars, brown spots, and creates collagen.

60 minutes \$85

TRANQUILITY BASIC FACIAL

This relaxing facial focuses on hydration and relaxation.

30 minutes \$48. 60 minutes \$68

VITAMIN C FACIAL

This facial helps to brighten skin discoloration, age spots and sun spots.

60 minutes \$79

ENZYMATIC FACIAL

This facial uses papaya and pineapple enzymes. Perfect for acne prone skin.

60 minutes \$79

DETOXIFYING FACIAL

This facial uses activated charcoal to deep clean oily prone skin.

60 minutes \$79

ANTI-AGING FACIAL

This facial brightens, tightens, and helps stop the looks of aging with peptide infused products.

60 minutes \$85

BEARD FACIAL

This facial focuses on deep cleaning dead skin, debris, and bacteria from your beard.

60 minutes \$79

BACK FACIAL

Everything you love about a relaxing facial but for your back.

60 minutes \$65

WAX WORKS

Brow Reshaping **\$22**

Brow Maintenance **\$10**

Full Face **\$35**

Lip **\$12**

Chin **\$15**

Underarm **\$15**

Full Arm **\$30**

Half Arm **\$15**

Eyebrow Tint **\$20**

Full Leg **\$60**

Half Leg **\$30**

Chest **\$35**

Stomach **\$35**

Full Chest **\$55**

Back **\$50**

Bikini **\$35**

Brazilian (Females Only) **\$50**

Eyelash Tint **\$20**

MASSAGE THERAPY TREATMENTS

SWEDISH MASSAGE

This classic massage reduces tension and induces relaxation while increasing circulation.

30 minutes \$50 60 minutes \$75 90 minutes \$100

SPORTS MASSAGE

This massage is geared toward individuals who participate in athletic activities.

30 minutes \$50 60 minutes \$75 90 minutes \$100

PRE-NATAL MASSAGE

To relax expecting mothers while relieving aching backs and legs

30 minutes \$50 60 minutes \$75 90 minutes \$100

DEEP TISSUE MASSAGE

This massage is designed to deeply penetrate aching muscles to relieve pain.

30 minutes \$60 60 minutes \$85 90 minutes \$110

TMJ MASSAGE

Massage designed to relieve symptoms of Temporomandibular Joint Dysfunction.

30 minutes \$60 60 minutes \$85 90 minutes \$110

HOT STONE MASSAGE

A full body massage using heated stones gliding with light to moderate pressure.

30 minutes \$60 60 minutes \$85 90 minutes \$110

REFLEXOLOGY MASSAGE

Helps to relieve stress and pain in the body by massaging pressure points in the hands and feet.

30 minutes \$60 60 minutes \$85

PTSD SENSORY TOUCH MASSAGE

This massage is to help sufferers of PTSD and trauma survivors with sensitivity to touch.

30 minutes \$60 60 minutes \$85 90 minutes \$110

MASSAGE ENHANCEMENTS

BAMBOO

This technique promotes circulation and lymphatic drainage.

Free of charge.

REJUVENATION MAT

A relaxing mat that uses far infrared and magnetic current to relax muscles and relieve pain.

Add on \$20 Single Session \$25

SYNERGY STONES

Set of stones with a different contour for separate parts of the body.

Free of charge.

MUSCLE RELAXING ELIXIR

Embraces deep relaxation on painful stressed muscles, reduces pain, and stiffness.

Add on \$10